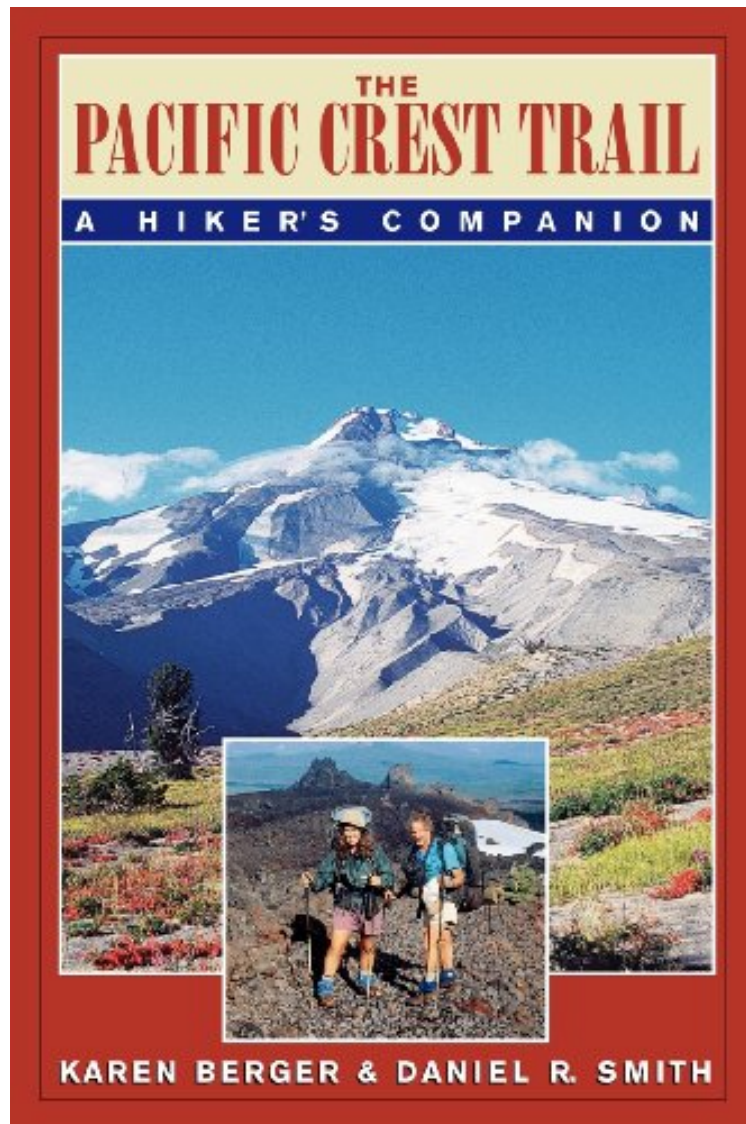


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The Pacific Crest Trail: A Hiker's Companion

Karen Berger, Daniel R. Smith
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Karen Berger, Daniel R. Smith : The Pacific Crest Trail: A Hiker's Companion before purchasing it in order to gage whether or not it would be worth my time, and all praised The Pacific Crest Trail: A Hiker's Companion:

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commentary included in this book helps to better envision the trip. 0 of 0 people found the following review helpful. an excellent book, so much info. By Customeran excellent book, so much info, a friend and I are thinking of hiking next year, getting much needed info, such as water in the southern stretch, still reading, would like to thank you Karen Berger, 0 of 0 people found the following review helpful. Good guide. Will need to get a more updated ...By WinstonGood guide. Will need to get a more updated source if more than a few years have passed from publication when you hit the PCT.

A narrative field guide to the unique plants, animals, history, and landscapes of the 2,650-mile Pacific Crest Trail. For many people, the Pacific Crest is the ultimate long-distance hiking trail. Beginning in the dry valleys of southern California, it follows the crest of the snow-capped Sierras, and ends in the ancient forests of Washington's Cascades. Along the way, national treasures such as Yosemite, Crater Lake, and Mount Rainier make this trail one of the premier hiking destinations in the world. But hiking is about much more than getting from A to B. This book begins where basic trail guides and maps leave off. For each section of the trail, the authors describe the route in detail and recommend the best day hikes and short backpacks from each trailhead. They describe the plants and animals hikers will see, tell stories about local history, explain plate tectonics, and in a thousand other ways enrich the experiences of the journey. In addition, Berger and Smith draw on their tremendous experience together, they have logged more than 12,000 miles on the PCT—to give tested advice to long-distance hikers on trip planning, gear and safety, seasonal considerations, trailheads and resupplies, permits, and much more. Color photographs and illustrations, 20 maps.

An excellent reference for anyone wishing to enjoy this national scenic trail to its fullest. -- Robert Ballou, executive director, PCT Association
About the Author Karen Berger, author of the best-selling *Hiking and Backpacking: A Trailside Guide*, has hiked over 15,000 miles, including the Appalachian Trail, the Pacific Crest Trail, and the Continental Divide Trail. Daniel R Smith is professor of history and political science at Iona College.