



with a Friday to Sunday schedule in mind. Take your pick of intriguing destinations from East Hampton to South Beach, via postcard New England, frenetic Northeast cities, and slow-paced old towns of the South. Then head west to Chicago, Nashville, and New Orleans. Through palm-shaded beach resorts, history-drenched valleys, and Manhattan boutiques, you'll find the ultimate edit of unmissable food and drink, cultural highlights, natural beauty, and the hottest neighborhood venues.

**About the Author** Barbara Ireland, a writer and editor based in western New York State, is a former deputy travel editor and deputy Op-Ed page editor at The New York Times. While on the Times staff, she commissioned and edited many "36 Hours" columns and wrote a few herself. She is a graduate of Cornell University and was a John S. Knight journalism fellow at Stanford University.