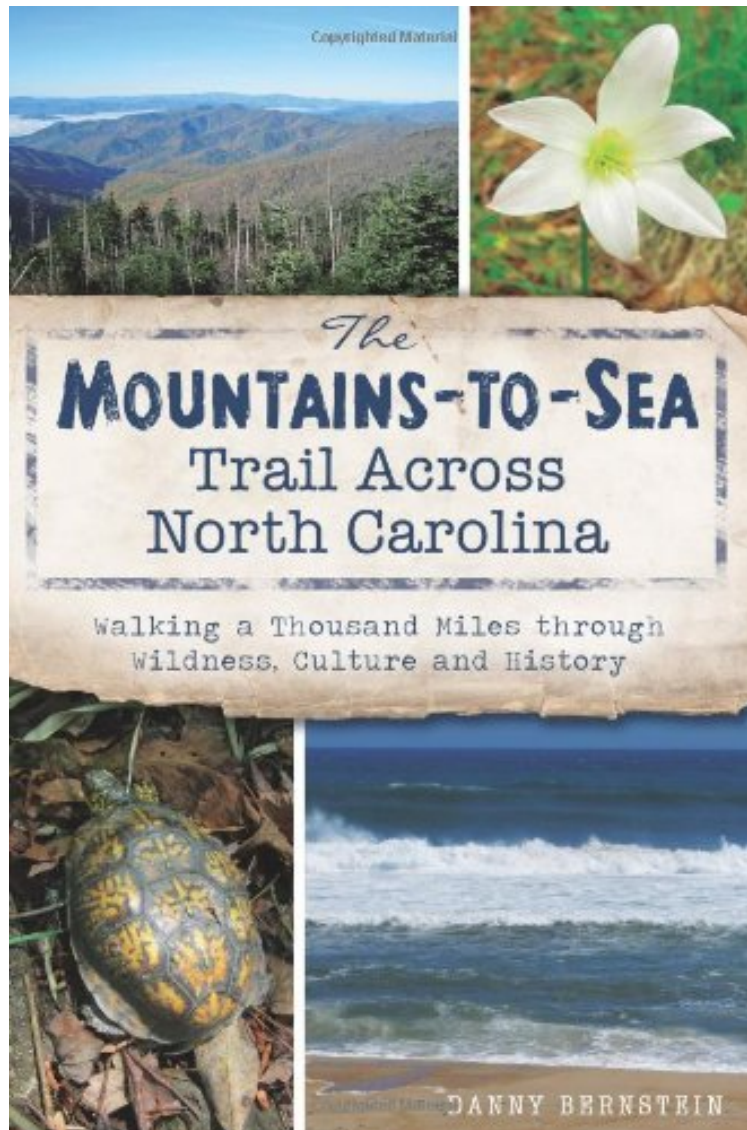


[Download] The Mountains-to-Sea Trail Across North Carolina: Walking a Thousand Miles through Wildness, Culture and History (Natural History)

The Mountains-to-Sea Trail Across North Carolina: Walking a Thousand Miles through Wildness, Culture and History (Natural History)

Danny Bernstein

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Danny Bernstein : The Mountains-to-Sea Trail Across North Carolina: Walking a Thousand Miles through Wildness, Culture and History (Natural History) before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Mountains-to-Sea Trail Across North Carolina: Walking a Thousand Miles

through Wilderness, Culture and History (Natural History):

0 of 0 people found the following review helpful. Not the guide book I was expecting
By Robert Fish
Item returned. Was expecting an actual guide to the MST rather than a rambling narrative with no maps, poor quality minute BW pictures, weak on cross referencing and tips, lack of objectivity ... useless for planning or actual hiking purposes.
0 of 0 people found the following review helpful. Educational and captivating
By RunHikenBike
The MOUNTAINS-TO-SEA Trail Across North Carolina is, as the back cover states "Scenic Stories to Captivate the CURIOS, the ADVENTUROUS, the HIKER, the BIKER and the HISTORY BUFF Alike" It is very informative, a book hard to put down once started and one which I will read more than once..
0 of 0 people found the following review helpful. Great overview!
By Rick Sigler
Since I first heard about it, I've wanted to hike the MST. Danny does a wonderful job sharing her experiences on the trail with great commentary, humor and historical relevance. I feel ready to hit the MST myself!

The Mountains-to-Sea Trail shows off the most spectacular, historic and quirky elements of the North Carolina landscape. Stretching one thousand miles from Clingmans Dome in the Smokies to Jockey's Ridge State Park in the Outer Banks, the route takes in Fraser fir trees and pelicans, old grist and textile mills, working cotton and tobacco farms, Revolutionary War sites and two British cemeteries complete with Union Jacks. The trail is half on footpaths and half on back roads, offering experiences not only in nature but also in small towns, at historic monuments, in family cemeteries and in local shops. Author Danny Bernstein has taken it all in and shares her knowledge for those who might follow in her footsteps.

Remindful of Bill Bryson's A Walk in the Woods, Danny Bernstein's The Mountains-to-Sea Trail also isn't a trail guide per se. It's a travel book. This will find its place among the front ranks of books depicting outdoor life and travel in North Carolina. George Ellison, Blue Ridge Nature Journal
More than an excellent travelogue, this book offers much useful information for anyone contemplating a walk on the MST. Danny's book is compelling and destined to become a classic. William A Hart Jr., 3000 Miles in the Great Smokies
From the Back Cover
Scenic stories to captivate the curious, the adventurous, the hiker, the biker and the history buff alike.
The Mountains-to-Sea Trail shows off the most spectacular, historic and quirky elements of the North Carolina landscape. Stretching one thousand miles from Clingmans Dome in the Smokies to Jockey's Ridge State Park in the Outer Banks, the route takes in Fraser fir trees and pelicans, old grist and textile mills, working cotton and tobacco farms, Revolutionary War sites and two British cemeteries complete with Union Jacks. The trail is half on footpaths and half on back roads, offering experiences not only in nature but also in small towns, at historic monuments, in family cemeteries and in local shops. Author Danny Bernstein has taken all in and shares her knowledge for those who might follow in her footsteps.
About the Author
Danny Bernstein is an outdoor writer and hike leader. She is the author of two hiking books on the Carolina Mountains, and writes for National Parks Traveler and various regional publications. She maintains an active blog on her website, HikertoHiker.com, and leads regular hikes for the Friends of the Great Smoky Mountains National Park.