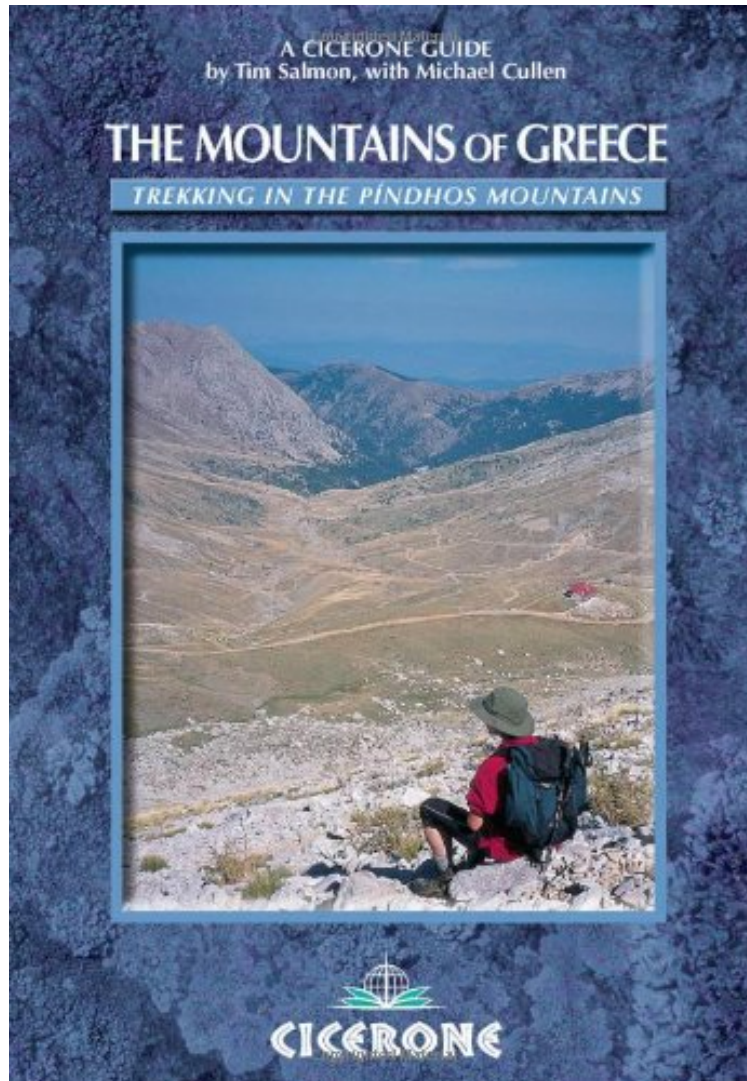


[E-BOOK] The Mountains of Greece: Trekking in the Pindos Mountains (Cicerone Guides)

## The Mountains of Greece: Trekking in the Pindos Mountains (Cicerone Guides)

*Tim Salmon*

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**Tim Salmon : The Mountains of Greece: Trekking in the Pindos Mountains (Cicerone Guides)** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Mountains of Greece: Trekking in the Pindos Mountains (Cicerone Guides):

0 of 1 people found the following review helpful. Five StarsBy yoavexcellent book with very helpfull information0 of 1 people found the following review helpful. Greece by its mountainsBy Nadav kashtanA useful and well-written book for all those who like walking through Greek and Mediterranean landscapes. A good guide for those who want to

go have a better knowledge of the Greek countryside.

Most of Greece is mountains, not the islands and seaside that many visitors tend to think of. They are beautiful mountains: rugged, undeveloped, remote and yet accessible. Alpine pastures soften the harshness of the crags, forests fill the ravines, and springs and rivers abound - a startling contrast to the baking lowlands. There is a rich and rare variety of wild flowers and butterflies. And what survives of the ancient pastoral way of life is full of interest too. The first comprehensive guide to the Greek mountains to appear in any language when first published in 1986, this book has been completely re-walked and rewritten for this edition. Its backbone remains the traverse of the Pindos range, but the guide also highlights several regions of special interest that can provide one to two weeks' walking. Walking the mountains of Greece is demanding rather than technically difficult, and is culturally fascinating. These mountains are well within the capabilities of a reasonably fit and committed walker.

'The Mountains of Greece opens up the remote hinterland and the best mountains, with plenty of peak-bagging days alongside treks to historical sites such as Delphi. It also includes my all-time favourite, the Zagori Circuit. Taking into account that many of the 41 routes could be connected to become one long expedition, the potential for trekking is immense. Whatever your attitude, if you are a keen hillwalker who likes the idea of exploring a remote, often challenging landscape, as far from the 9-5 daily grind as you can get on this planet, this book is required reading.' (Walking World Ireland Magazine / Sept 2006) 'Cicerone guides have evolved into handy plastic covered, heavy duty-paged, pocket-sized handbooks. This one is bang up-to-date, introducing the way that communities in the mountains have disappeared or evolved, with consequent changes to the tracks. It gives good advice about how to deal with these largely deserted ranges. Can't wait to do some of these wild mountain treks.' (Irish Mountain Log magazine / Autumn 2006) Within the 350 plus pages of the book, there are literally years upon years of walking, making this one of the best value books on walking in existence. Just dream, some high level walking finished off with a few days next to the Aegean! The Aitchison-Jones Walker's Pocket Book 2007 About the Author Tim first visited Greece as a schoolboy in 1958. Since then he has lived and worked in the country, visited countless times, written and translated books and articles about it and made a documentary about shepherd life for Greek TV.