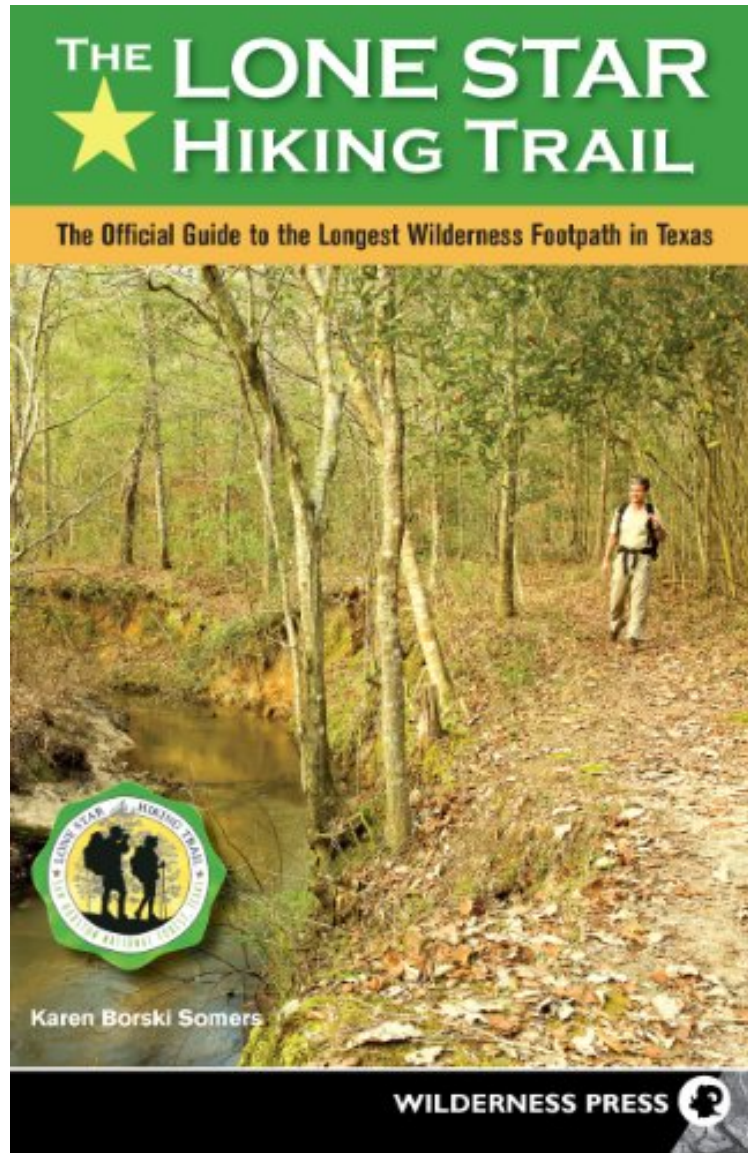


(Ebook free) The Lone Star Hiking Trail: The Official Guide to the Longest Wilderness Footpath in Texas

# The Lone Star Hiking Trail: The Official Guide to the Longest Wilderness Footpath in Texas

*Karen Somers*

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**Karen Somers : The Lone Star Hiking Trail: The Official Guide to the Longest Wilderness Footpath in Texas** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Lone Star Hiking Trail: The Official Guide to the Longest Wilderness Footpath in Texas:

3 of 3 people found the following review helpful. Great prep for an LST through-hike or just sectional day walks!By

militarypiperThis is a great book. Despite being from Texas all my life, I only recently discovered this trail. I hiked the first two sections, and was keen to learn more about the trail for a through hike. This book lays it out well. Great book for laying it out. Well worth the purchase. While LST is not the most challenging trail, any hiker should be armed with as much trail knowledge as possible to be prepared should the worst happen. This book arms you with that info!0 of 0 people found the following review helpful. This is what you need.By sonrisajoI thruhiked this trail in March 2017. I would not try to thruhike the trail without this book. I was amazed at how accurate it was even though it has not been updated for quite a while. It gives excellent information about what to expect from the trail. I will say that the black and white maps are not amazing, but there are free maps online in color which are frequently updated. The cost of printing really good color maps for this guidebook would make the book cost-prohibitive, so in the long run I am glad that there are just black and white maps.2 of 2 people found the following review helpful. Attention to details to make your hike betterBy Curtis BartonThis is a very thorough guide for the Lone Star Trail. It is especially helpful for people planning a through hike so that you know where good places to camp and water sources are located. She took a wheel with her to chart the distance to various points. The detail is incredible. However, people who just want to know more about the trail and day hikers will also enjoy this book.

One of the hidden jewels of Texas, the Lone Star Hiking Trail is the only long-distance National Recreation Trail in the state. At 128 miles (including loop trails), it is also the state's longest continuously marked and maintained footpath. Located in the famed Big Thicket area in east Texas, the trail is well-suited for both short and long hikes (of up to 10 days), appealing to dayhikers, overnight backpackers and long-distance hikers. The LSHT lies between the major metro centers of Houston-Galveston, Dallas-Fort Worth, Austin, and San Antonio--home to more than 8 million people just a 2-hour drive from the trail. The author, a Texas native, is an experienced long-distance hiker who has thru-hiked the Appalachian Trail, the Pacific Crest Trail, and many other nationally recognized long-distance trails throughout the U.S. This is the first guidebook to the trail and is officially endorsed and promoted by the Lone Star Hiking Trail Club.

About the AuthorKaren Borski Somers is a native of Spring, Texas. She graduated from Texas AM University with a bachelor's degree in biomedical engineering. Since 1994, she has worked for NASA in the field of space life sciences research. Karen thru-hiked the 2,160-mile Appalachian Trail solo in 1998 and the 2,650-mile Pacific Crest Trail with her husband in 2004. Her trail name is "Nocona," a Comanche word meaning "the wanderer." She has hiked and backpacked on trails in 36 states, logging more than 9,000 trail miles, and has bicycled the 4,400-mile Transamerica route across 10 U.S. states from the Atlantic to the Pacific. Karen currently resides with her husband, daughter, and their hiking sheltie in Alabama. They continue their quest to summit every U.S. high point, plan expedition canoe trips, and wander on and off trails.