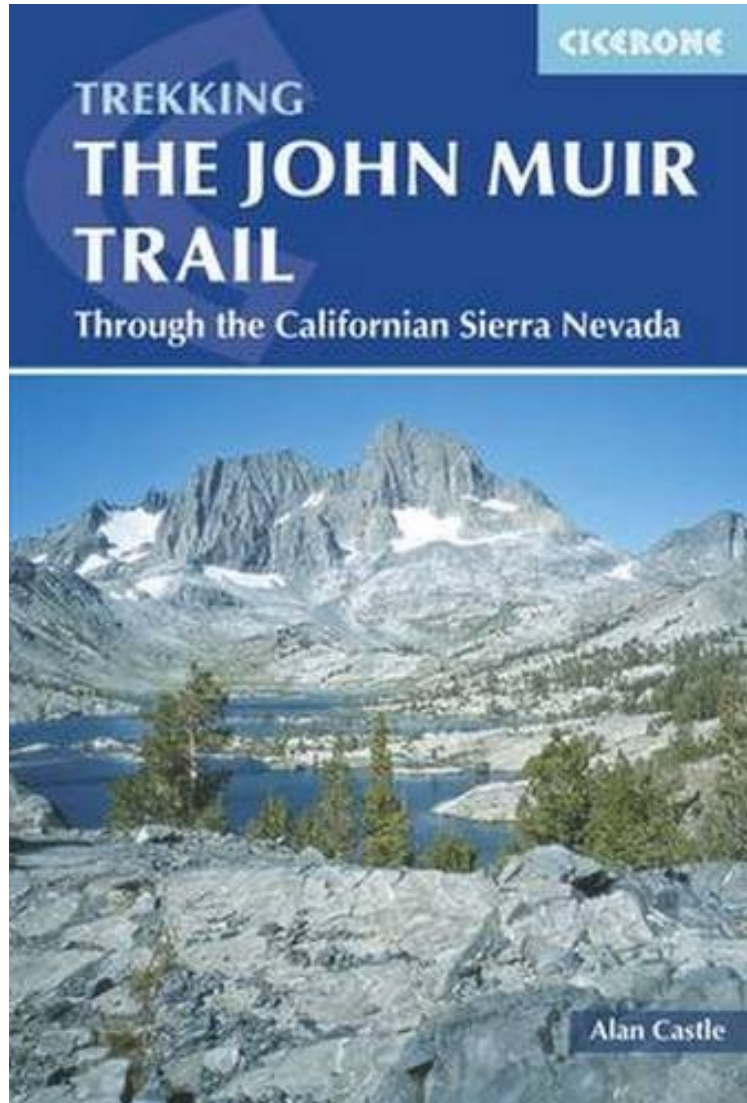


(Free) The John Muir Trail (Cicerone Guides)

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Alan Castle

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Alan Castle : The John Muir Trail (Cicerone Guides) before purchasing it in order to gage whether or not it would be worth my time, and all praised The John Muir Trail (Cicerone Guides):

1 of 1 people found the following review helpful. A Useful Guide to the JMTBy Todd A. ClelandVery useful guide to the JMT. It's based on a 21 day itinerary for the entire 211 mile trail; you have to average about 12 miles per day to stick with this trip plan. My only complaint is that the book steers readers to the larger group campsites, which are often located at the bottom of valleys. This makes for more crowded camping and big climbs the next day if there is a pass to get across.0 of 0 people found the following review helpful. Perfect for planning hiking the JMTBy

Excellent guide! Perfect for planning hiking the JMT. 3 of 3 people found the following review helpful. An English Take on an American Adventure. By Fritz R. Ward So you want to hike the John Muir Trail. Which guidebook to get? There are really only two that are up to date, the Wilderness Press edition and this little book from the British outdoor publisher Cicerone. I own both books, but have a slight preference for this one. Printed on glossy paper with sharp full color pictures this should whet your appetite for the trail. But it is also lighter than the Wilderness Press volume which has grown in size and weight over the years. And amazingly enough, this book packs in more as well. As one might expect, the book is geared towards an international visitor to the states, but a lot of the information in it will be useful to those traveling from other locales in the US. Major airports, public transportation (and the lack thereof to and from Yosemite and Whitney Portal, and the issues with mailing supplies are all detailed in this book. The book also suggests a reasonable, and quite doable schedule for your trip and even helps you navigate your way through the almost Byzantine system of camping and hiking permits you need to obtain for the trail. Finally, it includes decent color sketch maps of the route. Readers should know however that the author intends that you use this guide in conjunction with the excellent map set sold by Tom Harrison. The John Muir Trail is one of the classic American hikes. Mile for mile it offers some of the most spectacular scenery in the world. If I were planning for another trek on the Muir Trail, this would be my guidebook of choice.

The John Muir Trail (JMT) is one of the world's most spectacular treks and is North America's best known mid-distance walking trail. It runs for 216 miles through the high Sierra Nevada mountains of California, from Yosemite Valley to the summit of Mount Whitney (14,496 ft), the highest peak in the USA outside Alaska. The walking trail, which is named after the great 19th century Scottish naturalist, conservationist and writer John Muir, is entirely through the unspoiled wilderness of the American West and passes through three National Parks, Yosemite, Kings Canyon and Sequoia National Parks. A land of dramatic towering peaks, tranquil mountain lakes, cascading rivers and ancient forests. Despite the fact that the JMT negotiates several mountain passes over 10,000 ft in altitude the trail is well graded and is well within the capabilities of the average hill walker, requiring no scrambling ability. The trail guide divides the route into 21 daily stages, each finishing at a good camping area. The optional detour to climb Half Dome, the jewel in Yosemite's crown, is included.

About the Author Alan Castle has trekked and cycled in over 30 countries and five continents and for many years led organized walking holidays in Europe. He has written more than a dozen guidebooks for Cicerone, several on long-distance mountain routes in France and has been exploring the French Massif Central for over 20 years.