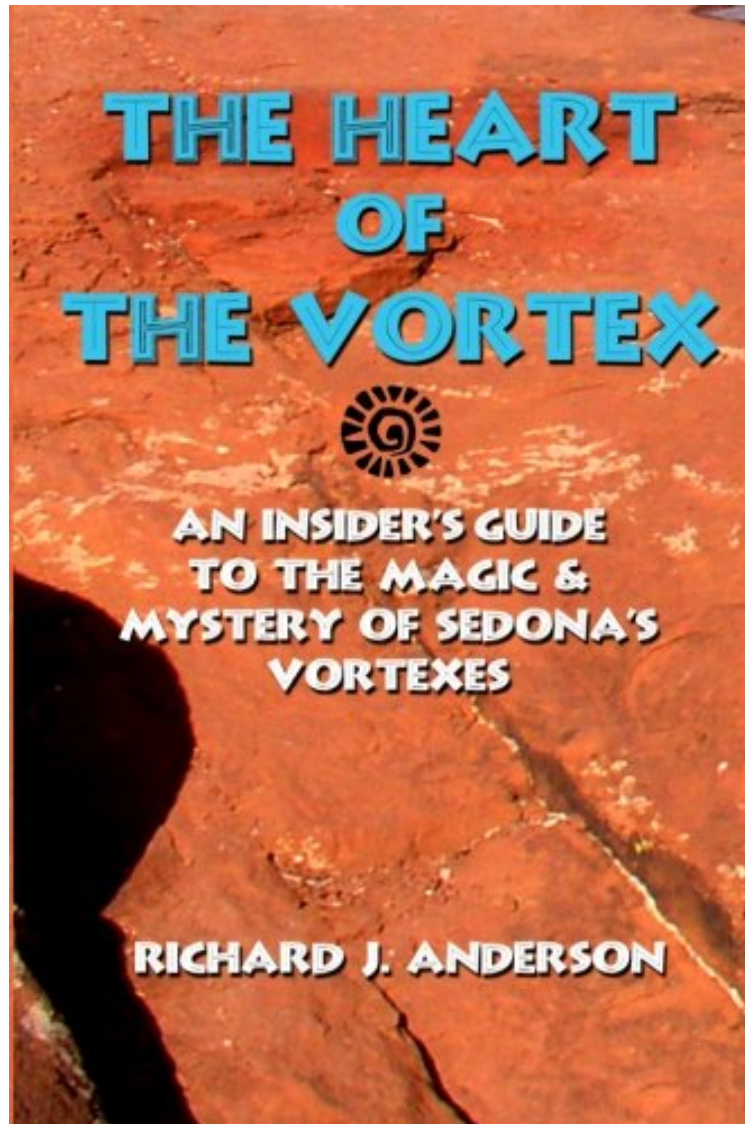


The Heart Of The Vortex: An Insiders Guide To The Mystery And Magic Of Sedona's Vortexes

Richard J. Anderson

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Richard J. Anderson : The Heart Of The Vortex: An Insiders Guide To The Mystery And Magic Of Sedona's Vortexes before purchasing it in order to gage whether or not it would be worth my time, and all praised The Heart Of The Vortex: An Insiders Guide To The Mystery And Magic Of Sedona's Vortexes:

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allows you to come to your own conclusions about vortices; allowing the reader to interpret the energy of such an experience. 1 of 1 people found the following review helpful. Great beginner's guide By Customer Very well written. Loaded with helpful information. Great beginner's guide. 1 of 2 people found the following review helpful. Insiteful By Deborah Appelman I now am so excited for my trip to Sedona. I have a feeling that this first experience at the vortices will be the first of many visits. The author not only provides clear directions for finding them but also makes suggestions as to what to do when you get there. For those who have just started down a spiritual path, these ideas may seem rather weird. The author does suggest reading some books by some great spiritual teachers- I'd like to add another as perhaps the very first book for someone who is just beginning to wonder about the true nature of our existence and that would be Allen Watts, The Tabu of Knowing Who You Are.

A practical and profound guide to exploring Sedona and its energy vortices. Written in a relaxed and friendly style, this vortex guide book contains easy to follow information on locating the Sedona Vortices, preparing yourself for the vortex energy and manifesting in the vortex field. You will also find chapters on selecting and charging crystals, unique meditations, and locating an energy vortex in your own home town. Richard Anderson is a vortex guide, energy healer, intuitive and Reiki master. Richard is also the creator of several self-help audio programs designed to facilitate positive change. This vortex guide makes it easy for anyone to find and enjoy these powerful energy centers. Included in this new volume are 22 black and white photographs and a easy to follow map of the Sedona Vortex sites.

About the Author Richard Anderson is a vortex guide, energy healer, intuitive and Reiki master. Richard is also the creator of several self-help audio programs designed to facilitate positive change.