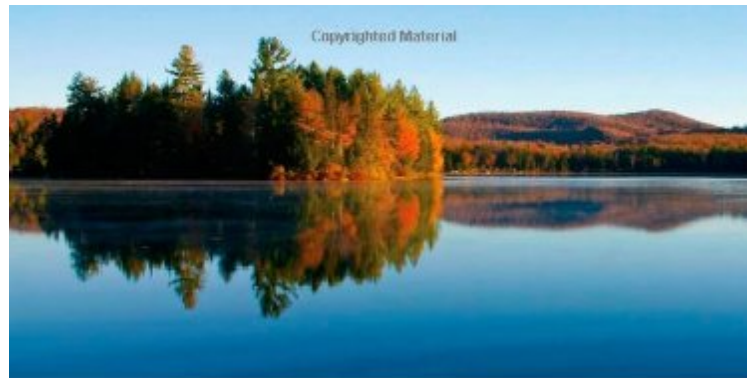


(Free) Finger Lakes Feast: 110 Delicious Recipes from New York's Hotspot for Wholesome Local Foods

Finger Lakes Feast: 110 Delicious Recipes from New York's Hotspot for Wholesome Local Foods

Kate Harvey, Karl Zinsmeister

**Download PDF | ePub | DOC | audiobook | ebooks*



Finger Lakes Feast



 Download

 Read Online

#1191506 in Books McBooks Press 2012-10-05 Original language: English PDF # 1 10.35 x .93 x 7.781, 1.84
#File Name: 1590136608208 pages | File size: 31.Mb

Kate Harvey, Karl Zinsmeister : Finger Lakes Feast: 110 Delicious Recipes from New York's Hotspot for Wholesome Local Foods before purchasing it in order to gauge whether or not it would be worth my time, and all praised Finger Lakes Feast: 110 Delicious Recipes from New York's Hotspot for Wholesome Local Foods:

1 of 1 people found the following review helpful. Practical and Tasty Cookbook! By C. GraceSimple, delicious recipes from basic ingredients that you can probably find already in your pantry! That's what caught my eye when I first glanced through it at a friend's house. My husband and I are always looking for clean-eating recipes, and although we've only tried a few so far, they are yummy! The Savory Lentil, Garlic Cumin Soup and the Tomato Cobbler are SO GOOD! Since we do live in the Finger Lakes Region, it's a great book to read a little history and pick up a few recipes

from some of the hidden gem restaurants we have in this area. I believe a few people on our Christmas list will be a copy.... :) Please enjoy! 3 of 3 people found the following review helpful. A Cookbook, and So Much More! By TJI just received my copy of "Finger Lakes Feast," and it is wonderful! This beautiful hardcover book, written by Karl Zinsmeister and his daughter Kate Harvey, is so much more than just a cookbook full of recipes; it tells a story, too. It regales the reader with entertaining anecdotes and informative essays about the Finger Lakes region of Upstate NY, and it is sprinkled throughout with Noah Zinsmeister's breathtaking full-color photos--not just of the 110 savory dishes the easy-to-follow recipes will teach you to make, but also of the glorious region of the country for which the book is named. "Finger Lakes Feast" is aptly titled; it's a true feast for the eyes, as well as the palate. I'm so glad I purchased a copy, and I highly recommend it! It would make an outstanding gift for that special cook (or would-be cook) in your life. 0 of 0 people found the following review helpful. Five Stars By SB Excellent recipes and terrific to read! I liked it so much, I gave copies as gifts!

Why the buzz about Finger Lakes food? New York's Finger Lakes area is on the cutting edge of the regional food movement. It has become a hotspot for delicious, healthful eating by incorporating fresh foods from the region's scores of specialty farms, as well as locally produced delectables derived from these superb fruits, vegetables, meats, and dairy products. Overflowing with fascinating stories, gorgeous photography, and an exciting collection of recipes, Finger Lakes Feast harvests ideas and inspiration from some of America's most innovative chefs including local James Beard Award honorees and the creative spirits behind legendary eateries such as Moosewood Restaurant and Dinosaur Bar-B-Que. The authors track down beloved ethnic foods and collect invaluable information from master farmers, millers, and syrup producers; from pioneering Cornell food researchers; from bold entrepreneurs such as the Wegman family; and from food artisans like the originators of the Greek yogurt boom, the creators of squash-seed oil, and the local producers of everything from homemade sauerkraut and sausages to varietal honeys. What's inside 110 delicious and easy-to-follow recipes 126 gorgeous full-color photographs of the region and its food 24 essays on the regional history, geography, and people behind these fine edibles Tips for food-and-wine tourists Comprehensive on- and off-line sources for the authors' favorite ingredients

Finger Lakes Feast is...a "storytelling cookbook," the story being the evolution of upstate New York as a culinary destination, with some history lessons woven in.... The Finger Lakes has it all.... Zinsmeister's storytelling is part travel guide...with some unusual and arresting detours, such as a two-page spread about the Oneida Community, a utopian experiment that peaked in the 1870s.... Stories, recipes, and pictures comprise an interesting array of ingredients for a cookbook touting local flavors and an up-and-coming epicurean destination. --Rochester Democrat Chronicle "More than just a collection of recipes, "Finger Lakes Feast" is also a piece of reporting -- the story of a real food revolution now coming to fruition.... the quality of its fresh local food, its regional wine, and its contributions to American gastronomy ranging from Greek yogurt to great fruits and vegetables, from Wegman's groceries to Riesling to artisan oils.... "The Finger Lakes spirit is to make good eating casual, simple, unintimidating and relatively inexpensive".... "It's an enormously fun place to explore the craft of food." --Skaneateles Press "Long renowned for its scenic beauty, New York's Finger Lakes region has recently become known as a food destination as well. Thanks to the farms and wineries in the area, an ever-growing number of high-quality restaurants are offering many styles of food.... Finger Lakes Feast offers highlights of the area's cuisine in five categories--breakfasts, soups, appetizers, main dishes, salads, side dishes, and sweets--and includes tips on how to find the best comestibles, from apples to yogurt, as well as the contributing restaurants." --Cornell Alumni Magazine "The Finger Lakes region deserves to join the Hudson Valley, Long Island and Brooklyn on the list of New York locales known for their cuisine. Kate Harvey and Karl Zinsmeister make that case in the beautifully photographed Finger Lakes Feast, highlighting the area's flours and grains, seed oils, cheeses, meats, game, honey and maple syrup, and, of course, its rieslings in recipes from local restaurants.... There are also traditional Syracuse salt potatoes; marinated skewers called spiedies; and a first-rate pear bread that's more poundcake than bread." --New York Times 1/23/13 About the Author Kate Harvey is a serious cook, a writer, and a classical pianist living in New York City. Karl Zinsmeister is a journalist and creator of many books, one PBS film, and a comic book. Photographer Noah Zinsmeister is a student at Columbia University, and a sixth-generation resident of the Finger Lakes Region as is Kate, his sister. Karl is their father.