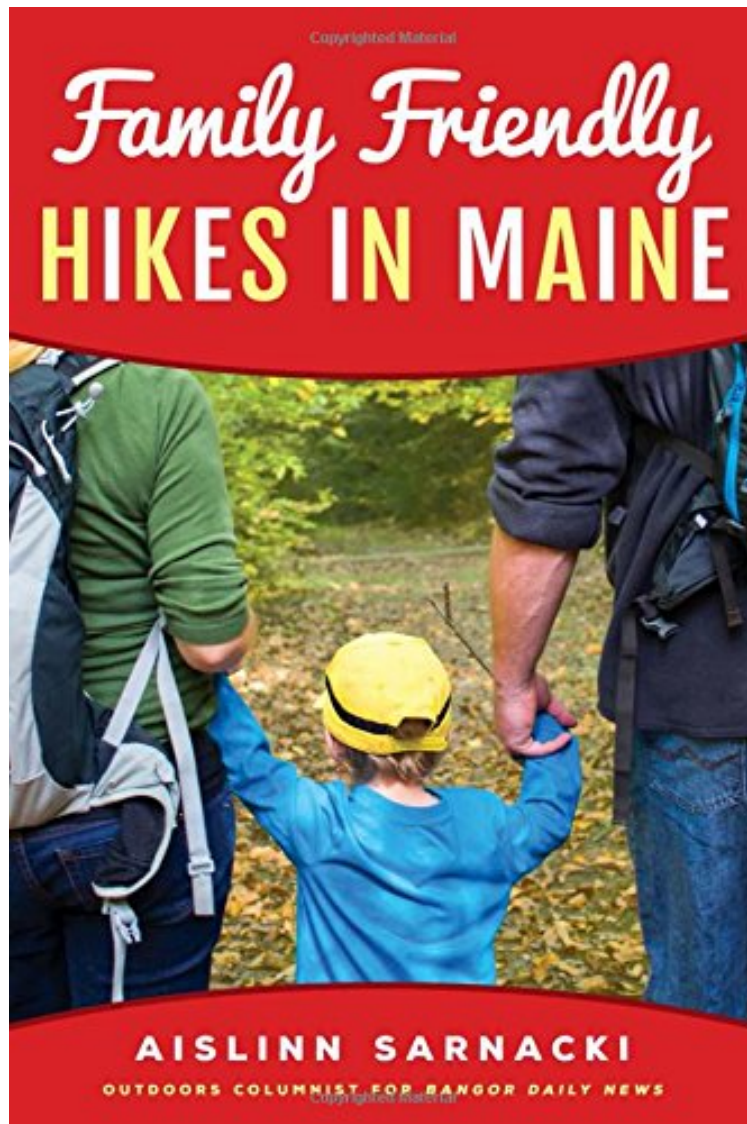


(Ebook free) Family Friendly Hikes in Maine

## Family Friendly Hikes in Maine

*Aislinn Sarnacki*

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**Aislinn Sarnacki : Family Friendly Hikes in Maine** before purchasing it in order to gage whether or not it would be worth my time, and all praised Family Friendly Hikes in Maine:

1 of 1 people found the following review helpful. Excellent book! I highly recommend it!By CustomerI found this book at my local library and loved it so much that I just had to have a copy! As a family of four with two six-year old twin boys I found this book to be a valuable resource for planning our hiking adventures. I love the amount of detail Aislinn Sarnacki includes about each hike featured in the book. It really prepares the hiker for what to expect with

each hike, and I love how she shares her personal stories and photos with the reader. I highly recommend this book to anyone (not just families) who wants to get out and explore the beautiful state of Maine. If you are an advanced hiker, this is probably not the book for you, but for the casual hiker this is a great book to have. 2 of 2 people found the following review helpful. great for the casual hiker By J. Godsey Indeed! not just family friendly, but slow poke friendly as well. great for the casual hiker. 3 of 3 people found the following review helpful. Great hikes, not only family friendly but geared to ... By Customer Great hikes, not only family friendly but geared to folks who are just out for a good walk in the woods! I am looking forward to the second edition!

The vast majority of visitors to Maine are not rugged outdoors types looking for adventure. Yet many of these people still want to enjoy a nice walk or short hike with their kids or parents. In this collection of hikes, Bangor Daily News outdoors reporter Aislinn Sarnacki presents dozens of hikes around the state that will let you experience the Maine wilderness, but won't leave you gasping for breath. Most are short (less than three miles), and all are in the easy/moderate difficulty range. Color photos inform you of trail details and some of the wildlife or scenery you may see on your hikes, and clear maps make sure you make it home for dinner. It's all rounded out with practical advice and information about access to public and private lands.

**About the Author** Aislinn Sarnacki has spent her life in the outdoors, from working as an outfitter to completing a year-long honors thesis at the University of Maine about Maine trails and the benefits of an active outdoor life. She is a reporter for the Outdoors and Living sections of the Bangor Daily News.