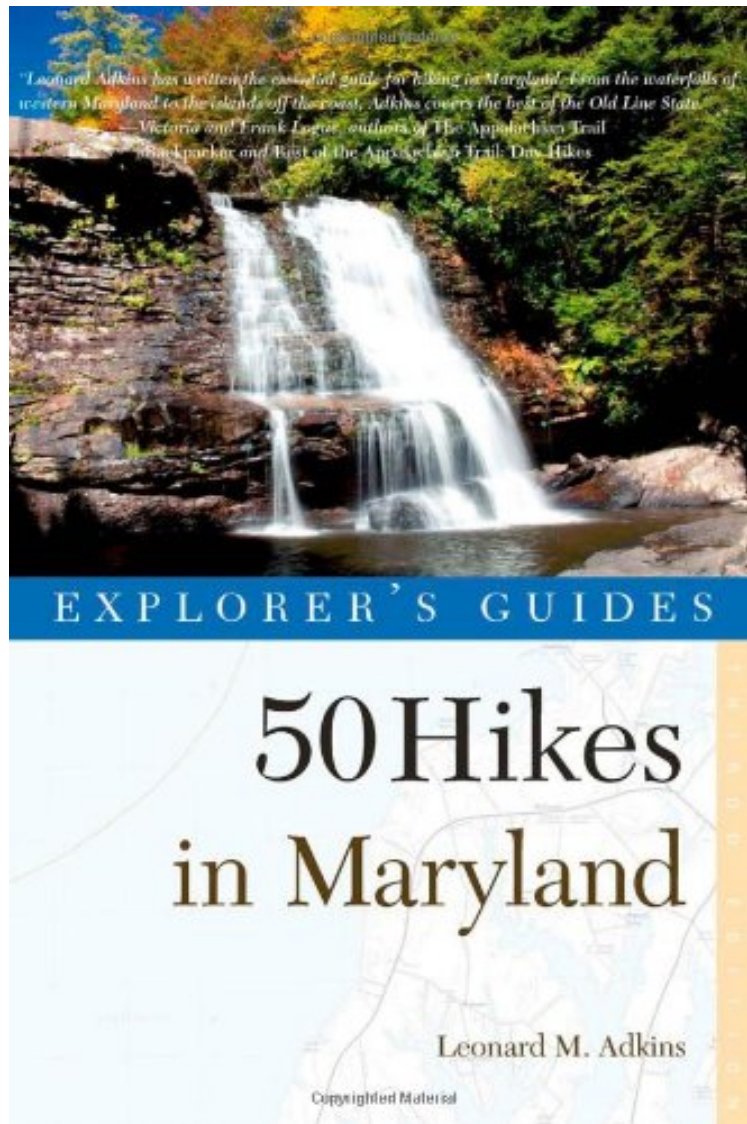


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Lace up your boots, grab this guide, and explore the great outdoors! For this new edition, Adkins has retraced every path and accounted for any changes to the trails, making the most essential hiking guide to Maryland even better. Mountain treks or beach walks, remote western waterfalls or hidden trails, you'll find hikes for all skills and abilities. 100+ color photos

About the Author Leonard M. Adkins has walked the length of the Appalachian Trail four times and has logged more than 16,000 miles in backcountry areas of North America, Europe, and the Caribbean. The author of numerous books on hiking and the outdoors, he has been awarded the National Outdoor Book Award and a Lowell Thomas Travel Journalism award. Adkins lives in Virginia.