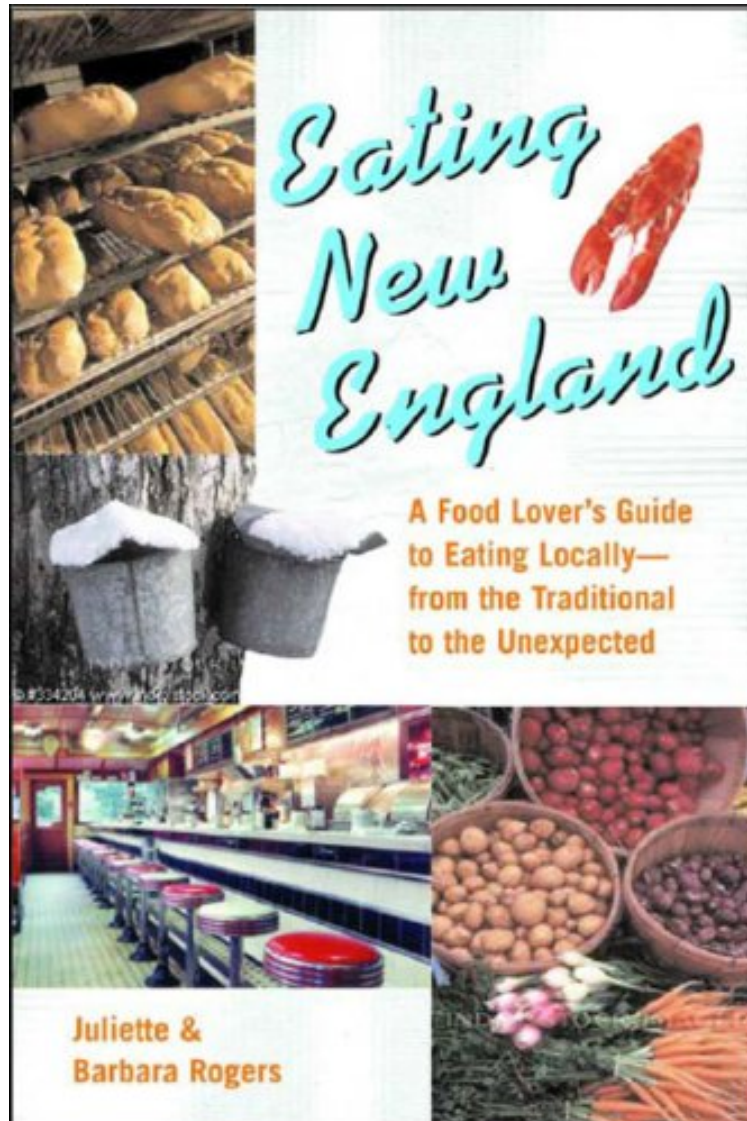


(Free pdf) Eating New England: A Food Lover's Guide to Eating Locally

Eating New England: A Food Lover's Guide to Eating Locally

Juliette Rogers, Barbara Rogers

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Juliette Rogers, Barbara Rogers : Eating New England: A Food Lover's Guide to Eating Locally before purchasing it in order to gage whether or not it would be worth my time, and all praised Eating New England: A Food Lover's Guide to Eating Locally:

1 of 1 people found the following review helpful. Great bookBy JessVery useful book if you like to support local business. It gives a lot of information and is a good book to have around9 of 9 people found the following review helpful. Travel, with foodBy oimoiA few reviews I have seen of this book elsewhere expressed surprise that it wasn't a

restaurant guide or cookbook. Thank goodness it isn't! There are plenty of New England cookbooks and restaurant guides, but *this* book isn't meant to be either. Instead, it's a travel guide centered around local foods. "Eating New England" directs you to places where people make and sell good food and don't mind putting the process on display, from farmstands to factories, so that you can not only get something tasty and locally produced but also learn a little something about where food comes from. The book is a good resource for planning road trips, or for checking out what local food producers you can visit in a given area. If you live in New England, you probably already know where in your area you can pick your own berries or apples, or where you can find the closest place to eat lobster caught in sight of your table, or where you can buy goat cheese and pet the goats that helped make it, but if you're even an hour away from home and care about this sort of thing then you'll want this book. I should point out that there are a few restaurants which seem to have been included because they showcase local foods, but they're not the focus of the book. There are also a couple of recipes as a bonus, but if they'd included more recipes and restaurants there wouldn't have been room for the more interesting stuff you can't find easily elsewhere. 4 of 5 people found the following review helpful. Eating New England: A Food Lover's Guide to Eating Locally By A Customer A must for all food lovers traveling to New England. One of the few books for those who travel to experience food, rather than eat while they travel.

Where to find the best fresh, authentic local foods in New England, from Connecticut to Maine. New England food traditions go deeper than clambakes and baked bean suppers: today the region is a major source of organically grown farm produce and specialty foods. Juliette and Barbara Rogers uncover the best traditional, ethnic, and gourmet specialties in the six New England states. Find pasture-raised beef and lamb and free-range chicken and eggs Pick heirloom apples in Vermont, pumpkins in New Hampshire, and blueberries in Maine Visit cider mills and microbreweries Sample fresh maple syrup Discover the best clam shacks on Narragansett Bay Find rare Portuguese mountain cheeses in Providence Catch the herring run on Cape Cod Taste fresh farmstead goat cheese Both a where-to guide and as a book on food and eating Includes the whole spectrum of up-market and down-market items Divided geographically and cross-referenced by product, Eating New England showcases the highest quality, no matter how obscure the location. The authors emphasize not just finding a particular ingredient or product, but putting it in context by showing travelers where to learn about its history, and where to see it being made. 30 black white photographs

About the Author Juliette Rogers has written many books on food and travel, She lives in Richmond, New Hampshire. Barbara Rogers has written many books on food and travel. She lives in Richmond, New Hampshire.