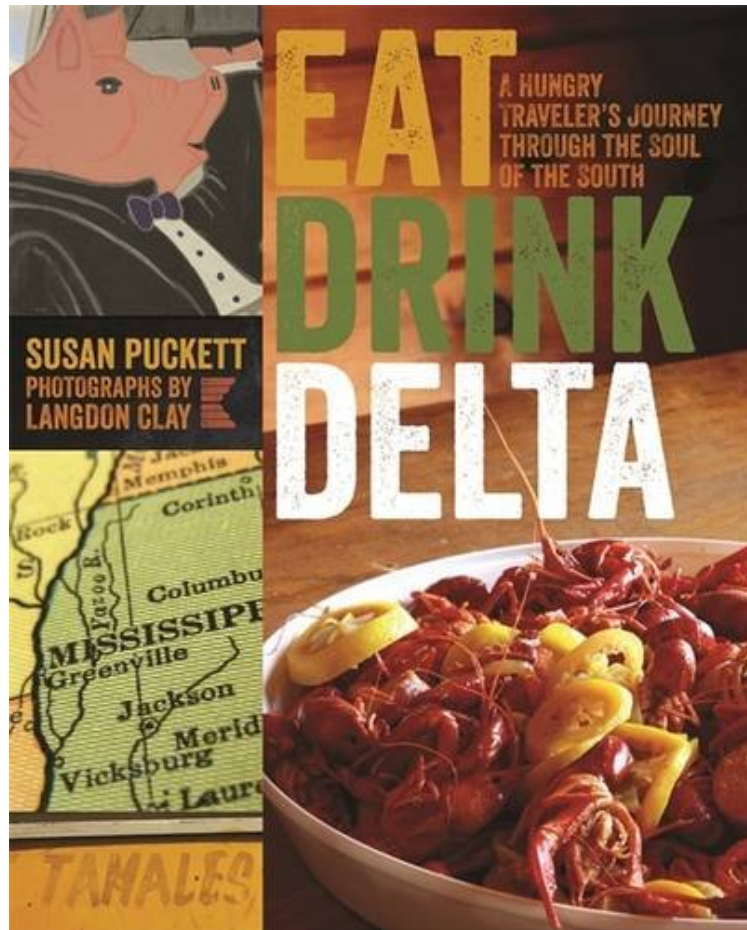


(Read download) Eat Drink Delta: A Hungry Traveler's Journey through the Soul of the South

# Eat Drink Delta: A Hungry Traveler's Journey through the Soul of the South

*Susan Puckett*

*DOC | \*audiobook | ebooks | Download PDF | ePub*



[Download](#)

[Read Online](#)

#742702 in Books Susan Puckett 2013-01-25 2013-01-25 Original language: English PDF # 1 9.00 x .70 x 7.251, 1.50 #File Name: 0820344257296 pages Eat Drink Delta A Hungry Traveler s Journey through the Soul of the South | File size: 32.Mb

**Susan Puckett : Eat Drink Delta: A Hungry Traveler's Journey through the Soul of the South** before purchasing it in order to gage whether or not it would be worth my time, and all praised Eat Drink Delta: A Hungry Traveler's Journey through the Soul of the South:

5 of 5 people found the following review helpful. Y'ALL HUNGRY? By Mr. Nowhere This is a great book for anyone who loves American regional cuisine -- Southern cuisine in particular. It focuses on the Delta region of Mississippi, one of the quirkiest places in America and one of the most interesting, culturally and historically. Its food reflects its nature -- a blend of traditional Southern dishes and eccentric local oddities. The book is part travel guide, part restaurant guide -- laced with recipes for many of the dishes it describes and profusely illustrated with gorgeous and evocative color photographs by Langdon Clay, depicting both the food and the places it's served. After spending some

time with it, I guarantee you'll want to throw this book in the back of your car, head off to the Delta and start looking for some Delta-style tamales or fried okra or crawfish cakes. The mouth waters just thinking about it. 1 of 1 people found the following review helpful. BUY...THIS...BOOK! By Patty A complete "joy ride", surely what Susan Puckett experienced, as I did reading the cook/book. Love the format with stories accompanying the recipes - it's a hard-to-put-down tome. Our Food Literature Reading Group made several of the recipes (Mose's Moroccan Stew, Mississippi Mud Pie, both of the Chicken Salads, Sweet Potato Pie, and Catfish Crostinis) for our meeting, as "Eat Drink Delta" was our book choice for the month, and every single dish was a smash hit. This author absolutely puts one in the passenger seat with her on her journey, and helps you understand the connection of the food to the Delta soil and its people, who've had such historical struggles. We loved the book so much, we want Susan to conduct a "Delta Food Tour"! I could almost hear Mose Allison's jazz music in my head munching on that stew. Go, buy the book, take the journey of reading this sweet, respectful "literary feast", story- as well as food-wise. Kudos, Susan Puckett - more, more! 3 of 3 people found the following review helpful. Delta Road Trip Must-Have By Evangeline Driving down 61? You need this book. It's less about the recipes and more about where to eat along the way. Oh how sad I was to read about all of that Memphis BBQ I missed, since this book was published after I got back home. Don't bypass the tamales at the White Front Cafe. The Airport Grocery's service was such that I almost went into the kitchen myself to make a sandwich. For soul food (also known as Southern Sunday dinner food) it's The Senator's Place in Cleveland, MS. Shop for gorgeous pottery and eat seasonal fare at The Gallery in Merigold, MS. If you like to drink your dinner, head over to Po Monkey's. Happy trails!

The Mississippi Delta is a complicated and fascinating place. Part travel guide, part cookbook, and part photo essay, *Eat Drink Delta* by veteran food journalist Susan Puckett (with photographs by Delta resident Langdon Clay) reveals a region shaped by slavery, civil rights, amazing wealth, abject deprivation, the Civil War, a flood of biblical proportions, and above all an overarching urge to get down and party with a full table and an open bar. There's more to Delta dining than southern standards. Puckett uncovers the stories behind convenience stores where dill pickles marinate in Kool-Aid and diners where tabouli appears on plates with fried chicken. She celebrates the region's hot tamale makers who follow the time-honored techniques that inspired many a blues lyric. And she introduces us to a new crop of Delta chefs who brine chicken in sweet tea and top stone-ground Mississippi grits with local pond-raised prawns and tomato confit. The guide also provides a taste of events such as Belzoni's World Catfish Festival and Tunica's Wild Game Cook-Off and offers dozens of tested recipes, including the Memphis barbecue pizza beloved by Elvis and a lemon ice-box pie inspired by Tennessee Williams. To understand the world, you must first understand a place like Mississippi, Susan Puckett adds this advice: Go to the Delta with an open mind and an empty stomach. Make your way southward in a journey measured in meals, not miles.

Finally! A book devoted entirely to the foodways of Mississippi's cradle of the civil rights movement, birthplace of the blues, and a confounding culinary region where stuffed grape leaves cozy up to barbecue, tamales to fried green tomatoes, and kibbeh to lemon icebox pie. In *Eat Drink Delta* Mississippi native Susan Puckett makes sense of it all town by town, kitchen by kitchen, dish by dish in an engaging travelogue that takes the reader to family-run roadhouses, seasonal tea rooms, postmodern bistros, and out-of-the-way juke joints. In her sojourns, Puckett charmed the best recipes out of the region's cooks, making this not only the best insiders guide to the area but a superb Delta cookbook as well. You'll need one copy for the car and one for the kitchen! (Matt Lee and Ted Lee authors of *The Lee Bros. Simple Fresh Southern: Knockout Dishes with Down-Home Flavor*) A travelogue, a guide to Delta dining, and a cookbook, Susan Puckett's *Eat Drink Delta* uses foodways as a window to the region's culture. It will appeal to anyone who wants to better understand the Delta, whether from an armchair or a car. (Dr. Luther Brown, director of the Delta Center for Culture and Learning at Delta State University) *Eat Drink Delta* eloquently tells the story of the deepest south of the Deep South, the land where black and white can have sharp contrasts, and yet many of the food traditions are blended into a rich, smooth mélange, much like the soil itself. Puckett immerses the reader in a tale that shares how the dark, fertile soil of the Delta nurtures crops as well as American food and culture. The land that produced King Cotton also produced the King of Rock and Roll. And the land that produced catfish and BBQ now produces kibbee and Chinese collard greens. Puckett's artful storytelling creates a vivid scene, not mere guidebook information, revealing a true culinary journey through one of the largely unknown areas of the country. (Virginia Willis, author of *Bon Appetit, Y'all: Recipes and Stories from Three Generations of Southern Cooking*) [*Eat Drink Delta*] works as a fun, flip-through read, with enough incentives to propel you into the kitchen to try one of the recipes that represent the diversity and character of the Delta. (Sherry Lucas, Clarion-Ledger) It's a book that, if used properly, will wind up tattered and dog-eared in your glove compartment. . . . Together these two Delta-philosophers [Susan Puckett and Langdon Clay] have created a keeper of a book one that inspires exploration both in the kitchen and on the road. (Keith Pandolfi, *Saveur*) Jackson native Susan Puckett takes Southern foodies on a gastronomic journey through the Delta. . . . Taking 18 years of experience as a food editor, Puckett whips up a great read about tried-and-true Southern favorites in this guidebook of old and new Delta hot spots. (Mississippi Magazine) This stomach-stretching tour of the Mississippi

Delta by a former Atlanta Journal-Constitution food editor takes readers inside a region that boasts 'the most Southern food on earth'. . . . The volume's gritty, photojournalistic imagery is a welcome departure from the glossy, sanitized views we've come to expect from our guidebooks. The book profiles over 100 largely un-touristed eating establishments in mouthwatering detail. It makes for a perfect road trip companion or transportive bedtime reading. (Elizabeth Gunnison Wall Street Journal) For anyone making a trip to a region that's been called the most Southern place on earth, Eat Drink Delta is indispensable. It belongs in every Mississippi-bound automobile, right next to the GPS. Just be sure to grab plenty of paper napkins, too. You'll need them to catch all that tamale juice dripping down your face. (Wendell Brock Paste Magazine) About the Author Susan Puckett is a native of Jackson, Mississippi, and a graduate of the University of Mississippi. She was the food editor at the "Atlanta Journal-Constitution" for eighteen years and has written for many national food and culture magazines. She is an author of six previous books, including "A Cook's Tour of Mississippi" and "The 5:30 Challenge Cookbook." Puckett lives in Atlanta.