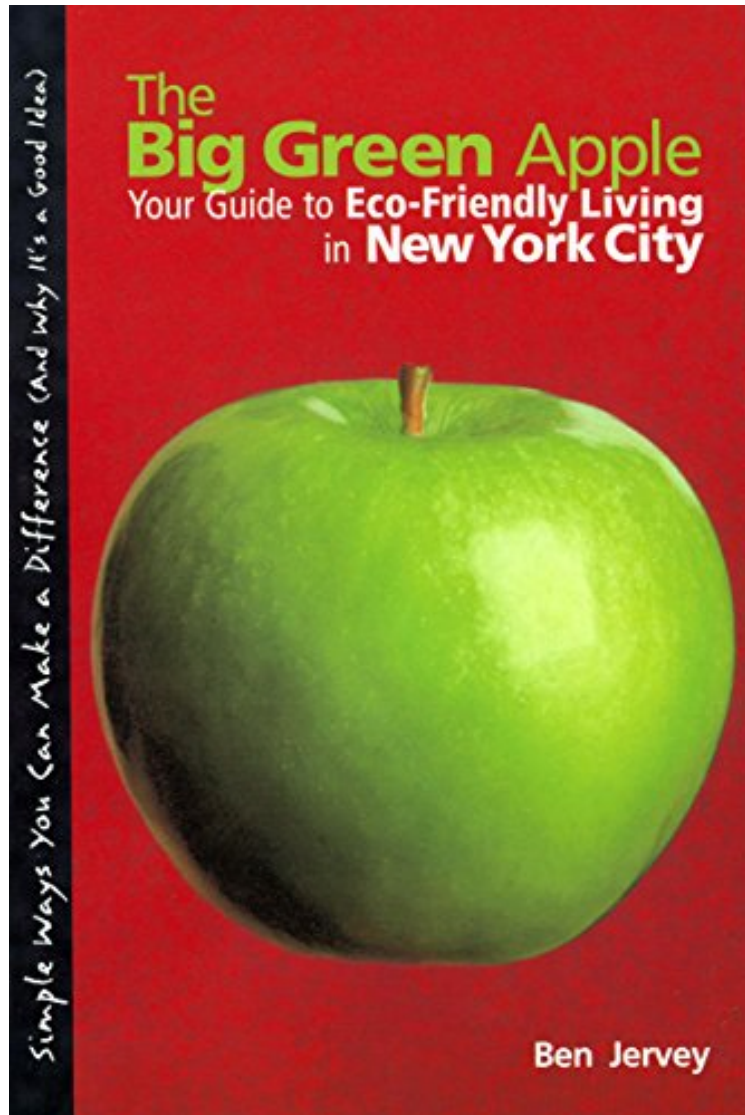


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Big Green Apple: Your Guide To Eco-Friendly Living In New York City

Ben Jervey

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Ben Jervey : Big Green Apple: Your Guide To Eco-Friendly Living In New York City before purchasing it in order to gauge whether or not it would be worth my time, and all praised Big Green Apple: Your Guide To Eco-Friendly Living In New York City:

4 of 4 people found the following review helpful. Fantastic resource for Green New Yorkers! By Kevin C. This book truly is the Bible for "Green" living in New York City. Has info and advice on food, electricity, transportation, waste,

workplace and so much more. Also has a great directory of "green" businesses and organizations throughout the city. What's best: it's not all preachy and bossy. Real nice tone, pleasant, funny and casual. So easy to read and start making your NYC life greener! 2 of 3 people found the following review helpful. great book! By S.I. I picked up this book about 2 weeks ago and I am halfway through it and I love it. It explains the details of food labels and outlines little things you can do in NYC to help make the world one step closer to being sustainable. Check it out, plus it's only \$10

[Boxed item?] If all New Yorkers recycled their Sunday New York Times, 75,000 trees would be saved--every week! Many people in New York would like to act more responsibly when it comes to environmental health, but most simply don't know how. With *The Big Green Apple*, they'll discover dozens of simple and practical ways to make a difference, and they'll learn why adopting a lower-impact lifestyle is important for our planet and for New York in particular. Covering energy consumption, food, household products, transportation, recycling, recreation, and much more, *The Green Apple* presents easy-to-understand information about the environmental implications of typical city life and offers practical advice for improving one's own relationship with the city's greater ecology, either as an apartment dweller or a homeowner. Readers will find information on: Choosing a green power source through Con Ed or direct Locations of Greenmarkets and Community Supported Agriculture programs Simple ways to reduce energy consumption in your home--and save money The "greening" of NYC's restaurants and grocers. Conserving New York's water supply--the whys and hows Streamlining the recycling process Auto-free advocacy groups like Transportation Alternatives Where to find eco-friendly dry cleaners, fashions, cosmetics, and household products The low-down on GMOs, and reasons to buy organic, local food. Sources of sustainably grown coffee How to calm neighborhood traffic Lowering environmental impact in the workplace and much more Also included are a calendar of NYC's "greenest" events and a directory of organizations and 0 resources to help New Yorkers lighten their impact on the environment. Success stories about local businesses and other groups show how sustainable ideas are being put into practice. Packed with facts and figures, this inspiring, highly accessible guide is a comprehensive grassroots resource for any New Yorker wishing to reconcile a "green" philosophy with an urban existence.

From the Introduction: "Fortunately, we live in a time when more and more efforts are being made to redeem the city with regard to its relationship with the natural world and a wider encompassing ecosystem. While the urban "sustainability movement" in this country might have its domestic roots on the West Coast, New Yorkers are waking up to this trend and an abundance of progressive politicians, entrepreneurs, activists, and citizens are starting to truly bring about some wonderful changes."