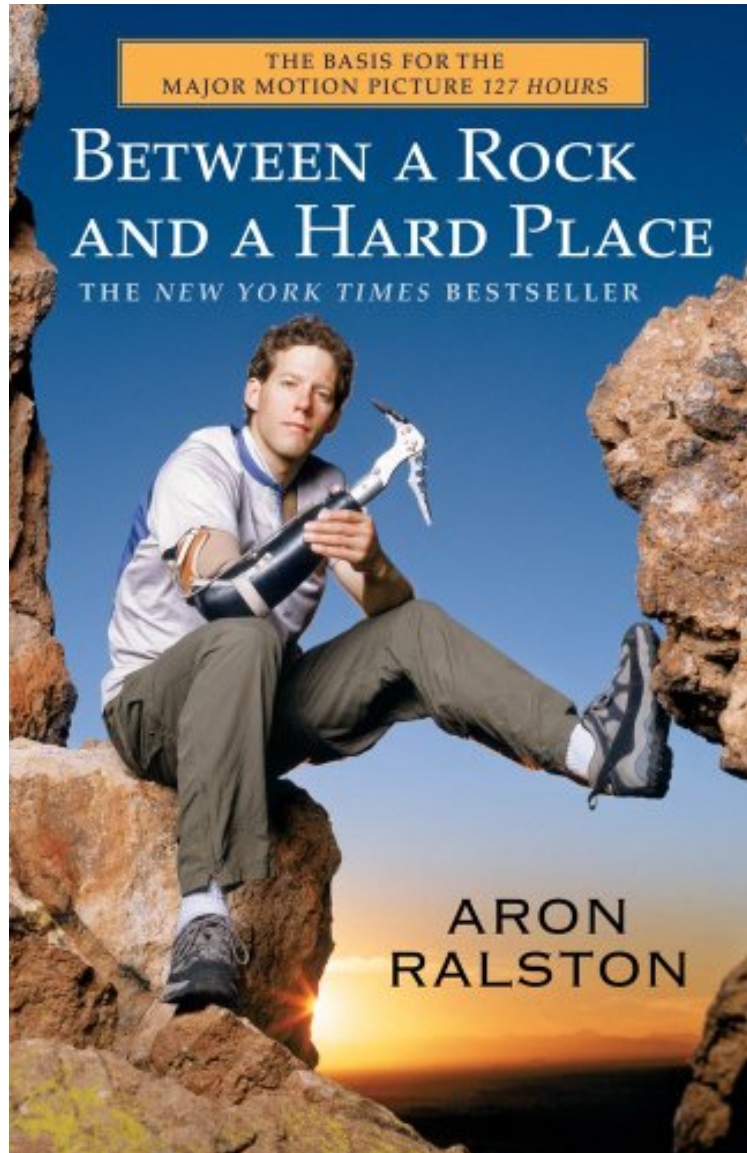


(Read and download) Between a Rock and a Hard Place

Between a Rock and a Hard Place

Aron Ralston

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#79342 in BooksColor: Paperback Simon Schuster 2005-08-30 2005-08-30 Original language: English PDF #1 8.44 x 1.00 x 5.50l, .78 #File Name: 074349282X354 pages Great product! | File size: 77.Mb

Aron Ralston : Between a Rock and a Hard Place before purchasing it in order to gage whether or not it would be worth my time, and all praised Between a Rock and a Hard Place:

2 of 2 people found the following review helpful. Great StoryBy Customer This was a good book that I definately enjoyed reading. I thought it started off a little slow and got more interesting as the story progressed. I think a map of the area would have been a good addition to the book because it seemed to assume you are familiar with the layout of the area and routes. I guess I expected a story about some random guy who had a rock fall on him, cut his arm, and

survived. I didn't know he was such an experienced adventurer living an action packed lifestyle. It would definitely be a great read if you have ever done any of the outdoor activities that he talks about in his flashbacks/memories because it will help you relate to how much Aron had accomplished prior to this incident. It definitely makes me double check my plans and gear when heading out on a trip because this proves that you never know what can happen. Glad I read the book before I watched the movie because the movie was terrible! 0 of 0 people found the following review helpful.

Resilience By Peter Jarman A kaleidoscope of personal achievement, fear, pain, and survival, Aron Ralston's account of his escape from death in the box canyons of Utah captures the human spirit, stripped down to its essence as the writer faces death. With a vivid hour-by-hour narrative, the book draws you into the experience, as tough as it was. Having climbed and hiked myself, the story made me remember again that putting yourself on the edge can quickly go wrong. But it also reminded me that there is much beauty in the experience and that being in the moment on the mountain is reward in itself. This is a great story about mental toughness, resilience, and the dilemma of personal achievement. A great read for people who spend time in the back country, this story is also a great read if you are facing a difficult challenge in your own journey. 0 of 0 people found the following review helpful. I was wrong from the beginning. By cjtravis I first thought this story to be unbelievable and that Ralston was just self-aggrandizing. I felt he wasn't telling the truth about cutting his own arm off and that was some other sinister truth he was hiding. After reading this book and some other research I now know I was wrong from the beginning. Ralston is a dedicated adventurer. He has the experience and motivation most people never even dream of. This book is not just a chronological listing of his experiences and the 127 hours of entrapment. It is a story, laid out to keep the reader enthralled. The telling and emotional outpouring kept me turning pages long after I usually would have set other books down. I was surprised at Ralston's author skills. I didn't see mention of a co-author but I felt I was reading the likes of London or Hemingway. Danger, adventure, struggle, success and victory!! I have a total new opinion of Ralston now but I wonder if I've been a sucker for his writing skills.

One of the most extraordinary survival stories ever told Aron Ralston's searing account of his six days trapped in one of the most remote spots in America, and how one inspired act of bravery brought him home. It started out as a simple hike in the Utah canyonlands on a warm Saturday afternoon. For Aron Ralston, a twenty-seven-year-old mountaineer and outdoorsman, a walk into the remote Blue John Canyon was a chance to get a break from a winter of solo climbing Colorado's highest and toughest peaks. He'd earned this weekend vacation, and though he met two charming women along the way, by early afternoon he finally found himself in his element: alone, with just the beauty of the natural world all around him. It was 2:41 P.M. Eight miles from his truck, in a deep and narrow slot canyon, Aron was climbing down off a wedged boulder when the rock suddenly, and terrifyingly, came loose. Before he could get out of the way, the falling stone pinned his right hand and wrist against the canyon wall. And so began six days of hell for Aron Ralston. With scant water and little food, no jacket for the painfully cold nights, and the terrible knowledge that he'd told no one where he was headed, he found himself facing a lingering death -- trapped by an 800-pound boulder 100 feet down in the bottom of a canyon. As he eliminated his escape options one by one through the days, Aron faced the full horror of his predicament: By the time any possible search and rescue effort would begin, he'd most probably have died of dehydration, if a flash flood didn't drown him before that. What does one do in the face of almost certain death? Using the video camera from his pack, Aron began recording his grateful good-byes to his family and friends all over the country, thinking back over a life filled with adventure, and documenting a last will and testament with the hope that someone would find it. (For their part, his family and friends had instigated a major search for Aron, the amazing details of which are also documented here for the first time.) The knowledge of their love kept Aron Ralston alive, until a divine inspiration on Thursday morning solved the riddle of the boulder. Aron then committed the most extreme act imaginable to save himself. Between a Rock and a Hard Place -- a brilliantly written, funny, honest, inspiring, and downright astonishing report from the line where death meets life -- will surely take its place in the annals of classic adventure stories.

From Publishers Weekly In a moving account of strength in the face of adversity, Ralston presents the full story behind the 2003 event that became worldwide news: his self-amputation of his right arm after it was caught between a boulder and a canyon wall during what began as a routine day hike in the Utah Canyons. An experienced climber, Ralston, 28, effectively shows he wasn't a risk-taker, and alternates between describing how his jaunt turned into a nightmare when a huge stone suddenly came unstuck as he used it to climb down a ledge, and recalling early experiences that changed his novice attitudes toward hiking, which he admits "were not intrinsically safe." Ralston candidly renders the details of six days of entrapment, using transcribed monologues from videotapes he made while trapped, including his increasingly exhausted thoughts as well as poignant farewells to his family. But his best writing details his self-amputation and his subsequent march to safety, in which he rappelled one-armed down a hill and then hiked six miles before someone found him. Ralston's prose is never gruesome, nor is it used to shock, even as he describes first breaking his forearm, and then slipping "into some sort of autopilot" as he cuts through muscle fibers to detach the arm. It's truly thrilling when he finishes and is free: "A crystalline moment shatters and the world is a different place."

16 pages of color photos. Copyright Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. From School Library Journal Adult/High School - From midday Saturday, April 26, 2003, until midday Thursday, May 1, Ralston was pinned between a boulder and a canyon wall in a remote area of Canyonlands National Park in Utah. He had little food and water. No one would even wonder where he was until he didn't show up for work on Tuesday. Unable to sit, lie down, use his right arm (that was the part between the rock and the wall), or sleep, he knew right away that he was in for an excruciatingly difficult time. Those 120 hours of what he calls "uninterrupted experience" tested to the fullest his physical, mental, emotional, and spiritual being. His eventual rescue led to international headlines, partially due to his dramatic means of escape: he severed his arm with a cheap, dull, dirty knife. This is a searing and amazingly detailed rendition of his ordeal, along with accounts of several of Ralston's previous wilderness adventures. He is one active and tough guy, but readers never get the sense that he is boastful or seeking notoriety. Rather, he seems genuinely intrigued, even mildly befuddled, by his insatiable drive to be active in the wild. One could say he takes too many risks, and that he has a tendency toward carelessness. He himself notes this. But the man's drive and devotion to his calling are nothing but admirable. Sixteen pages of color photographs add considerably to readers' experience of this nuanced, gripping survival story that belongs in most collections. - Robert Saunderson, Berkeley Public Library, CA Copyright Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. From Booklist *Starred * The world knows the outlines of Ralston's extraordinary story: with precious little water or food, his right arm pinned for nearly five days by a boulder in a narrow canyon shaft in central-eastern Utah, Ralston amputated the arm with his pocketknife, then rappelled and hiked his way to his own rescue. What makes his account of his ordeal extraordinary, too, is the detail and precision Ralston, a former mechanical engineer, brings to the telling, from the almost minute-by-minute chronology of his ordeal to topographical descriptions of the ground he's covered in his life as an outdoor adventurer. It's also the extremes of failure and achievement we see forged in this life-or-death crisis: carelessness at not telling friends where he was going, despair as he wrote his epitaph on the canyon wall, even a certain unthinking in taking five days to figure out his deliverance. But those were all trumped by Ralston's amazing resourcefulness in prolonging his supplies and finding a way out, his boundless enthusiasm for life, and his dogged force of will at enduring far longer than anyone could have expected. Alan Moores Copyright American Library Association. All rights reserved