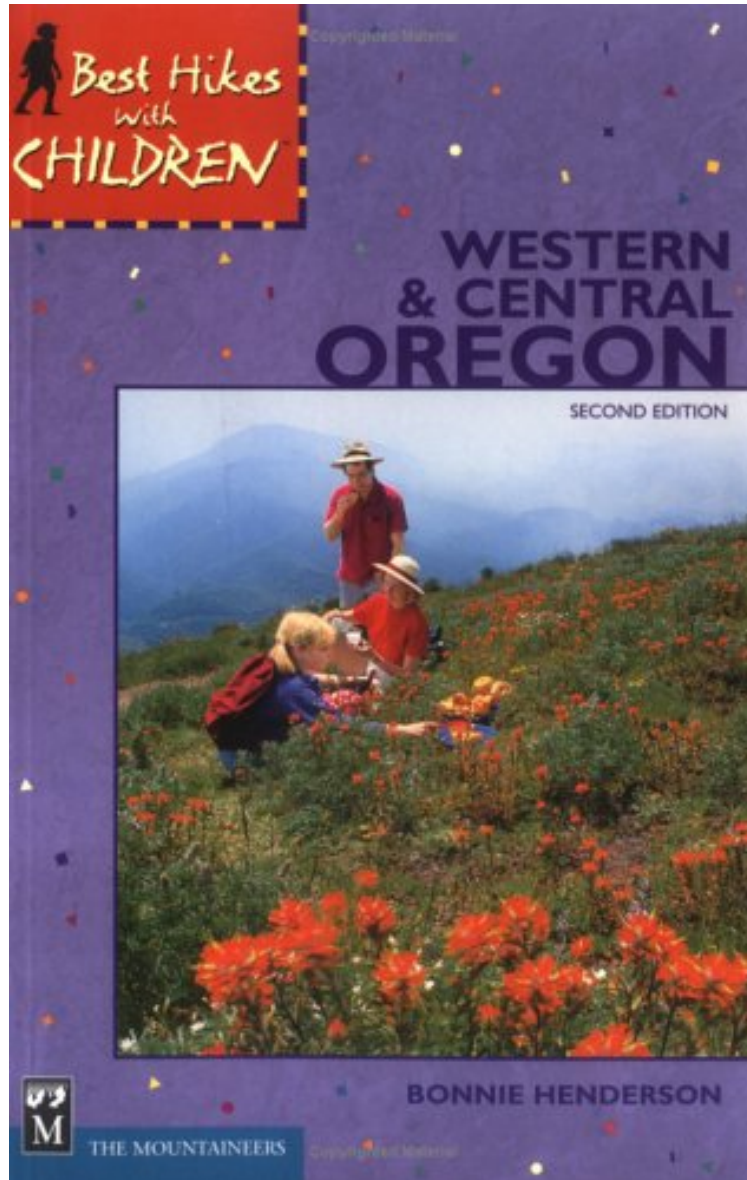


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## Best Hikes with Children: Western Central Oregon, 2nd Edition

Bonnie Henderson

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1 of 1 people found the following review helpful. Great Information!By Opine901"Hikes With Kids" is wonderfully informative with helpful suggestions on how to make hiking fun for those children who don't appreciate hiking. It also

rates the hikes so we know ahead of time if a particular hike would be comfortable or challenging. Good job.0 of 0 people found the following review helpful. Four StarsBy kpappelGreat book with lots of interesting looking hikes...can't wait to go try some of them out this summer!8 of 8 people found the following review helpful. Could also be called "Best Easy Hikes for Adults!"By X. LibrisI used this book in planning a recent trip to Oregon. Although my wife and I used to be avid hikers, we're not exactly in shape right now, so this book was an excellent guide to pick out a few short hikes in Crater Lake National Park and another near Bend.Hikes can be located on a numbered map of western and central Oregon, or through the index in back. Each hike is rated by type of hike (day hike or backpack), difficulty, distance, terrain, high point, when it is hikable and contact information. The narrative gives a clear description of the hike, its popularity, what you'll see and how to get there. There is an explanation of the symbols used in the book, and the introduction discusses why you should hike with children, how to use the book, what to take, safety issues, good trail manners and trailhead fees.So, whether you're a parent looking for some fun hikes for the children, or you're an adult looking to stretch your legs in the Oregon outdoors, this is an excellent guide to help you plan your outing.

Invaluable tips on hiking with kids, featuring 27 new hikes and an environmental and safety focus. In this newly revised edition, Henderson guides families, seniors, and anyone looking for fun and easy outings to some of Oregon's best trails. Hikers can choose from scouting for whales at Cape Lookout; following the mysterious little Hobbit Trail; traversing the alpine meadows of Mount Hood; or wandering among Oregon's myriad forests, waterfalls, lakes, and lookouts. With 100 easily accessible day hikes and overnights and practical information on distance, difficulty, elevation, and best time to go, parents can quickly find great outings for their young adventurers. Hikes are designed with enough "rewards" along the way-caves, anthills, spectacular viewpoints-to keep enthusiasm running high, or to make even a partial day's outing a success. Featuring 100 bw photos and 110 maps.